

# Wilmette Public Schools District 39

Allergen List - for menu 'Highcrest Middle School' From: 6/1/2024 To: 6/15/2024

Monday, June 3, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
386	American Cheese Slice	Milk, Soy
810	Chips-Selection Varies	Wheat
304	Fresh Fruit	
398	Ham	
34	LETTUCE & TOMATO:1 leaf,2 slice	
82	Veggies	
313	Wheat Bread	Gluten, May Contain Sesame, Wheat

**NOTICE:** The data contained within this report and the Mosaic™ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning or treating medical conditions.

# Wilmette Public Schools District 39

Allergen List - for menu 'Highcrest Middle School' From: 6/1/2024 To: 6/15/2024

Tuesday, June 4, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
386	American Cheese Slice	Milk, Soy
810	Chips-Selection Varies	Wheat
304	Fresh Fruit	
34	LETTUCE & TOMATO:1 leaf,2 slice	
816	Turkey Breast - Natural	
82	Veggies	
313	Wheat Bread	Gluten, May Contain Sesame, Wheat

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# Wilmette Public Schools District 39

Allergen List - for menu 'Highcrest Middle School' From: 6/1/2024 To: 6/15/2024

Wednesday, June 5, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
810	Chips-Selection Varies	Wheat
304	Fresh Fruit	
722	Ham, Turkey and Cheese W.W.Sub	Milk, Soy
34	LETTUCE & TOMATO:1 leaf,2 slice	
82	Veggies	

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